



Students Covid-19 Protocols

Welcome back!

With **caution, let's **stay safe!****

Following the precautionary measures and respecting the guidelines used to prevent infection with the virus (Covid-19) contributes to your protection and the protection of others. It also facilitates the smooth running of the educational programmes in the College.

Before coming to the College:

If you experience symptoms such as a fever, cough or shortness of breath, do not come to the College. Follow the Ministry of Health procedures.

Entry into MUC

- Regular thermal checking for fever will be conducted at the gate
- During registration, the Registry Department will issue an identity card to those students who are fully vaccinated.
- The fully vaccinated students will use their identity card to enter the MUC premises.

Exit

- All exits from the buildings and the premises are marked. Students must follow the signage and markings.

Transportation:

1- Use of private transportation:

- a) Sanitise your hands before you enter and exit the vehicle and before entering the College.
- b) Put on your mask properly before you enter the College.

- c) Dispose of your mask properly at the end of your College day before getting into your vehicle and sanitise your hands well. If you are travelling with others put on a new mask.

2- Use of public transportation:

- a) Put on your mask properly before you enter the vehicle.
- b) Avoid crowded vehicles, and open vehicle windows whenever possible.
- c) Leave one seat free between you and others.
- d) Avoid touching surfaces in the vehicle – such as seats and door handles – as much as possible sanitise your hands regularly. Change your mask after leaving public transport; dispose of the old mask properly and wash or sanitise your hands.

When in the College premises:

1. The campus will be open from 7:00 AM to 9:00 PM.
2. The mask should be worn at all times when you are in the College campus.
3. Carry your own sanitiser and tissues and do not share these or other personal items with others.
4. Eat breakfast daily to strengthen your immunity and do not share with others any food that you bring with to the College.
5. Wash your hands with water and soap or use hand sanitiser regularly.
6. Maintain physical distancing with others in the corridors and common rooms.
7. Do not shake hands or greet others by hugging.
8. Use a tissue or your elbow when sneezing or coughing and dispose of the tissue immediately by throwing it in the waste bin and washing your hands immediately.
9. Use the stairs whenever you can; avoid using the lifts. Only two people may use a lift at any one time.
10. Bring your own prayer rug and avoid praying in any crowded area; maintain a safe social distance with others when you pray.
11. Use your shoulder or a tissue to open doors. If you use a tissue, dispose of it by throwing it directly into the waste bin and then sanitise your hands or wash them with soap and water.

Inside Classrooms:

- 1- Keep a social distance between you and others (**1 meter**).
- 2- Avoid touching your eyes or nose before washing or sanitizing your hands.
- 3- Do not share personal items and study tools such as phones, computers, note books and pens and make sure to sanitise these frequently.
- 4- Wear your mask when you are in the campus and during your lectures.

Use of Common Areas:

When in College Cafeteria

1. Do not crowd and avoid poorly ventilated places. A maximum of 50% normal occupancy only is permitted in the cafeteria.
2. Wash or sanitise your hands before and after entering, eating and using the cafeteria.
3. Do not touch surfaces in the cafeteria unless necessary. Wash or sanitise your hands immediately after touching any surface.
4. Keep a distance of **1 meter** between yourself and others when you sit in the cafeteria to eat.
5. Avoid using electronic devices (laptop, notebook, iPad, etc.) during meals as these can be a major means of transmission of infection.
6. Do not share eating cutlery/crockery. It is preferable to use single use, disposable items.
7. Please cooperate fully with the health and safety advice given by the cafeteria staff.

When in Washrooms:

- 1- Avoid forming a crowd when using the washroom, and wash your hands frequently with soap and water.
- 2- When exiting the washroom, use a tissue to open the door and dispose of this in the waste bin provided directly outside.

When in Hostels:

1. Use your own prayer mats.
2. Make sure that fittings and equipment in the hostel are properly sanitised.
3. Make sure the washrooms are clean, avoid forming a crowd, and wash your hands well.
4. Do not form a crowd in common rooms, dining halls and entertainment rooms.
5. Ensure you have sufficient personal protective equipment (masks, gloves) and personal sanitiser.
6. Do not share personal items (such as bedding, sheets, towels, etc.).
7. Keep a distance of two meters between the beds in shared rooms.

COVID-19 REPORTING:

- If any student suspects that they may have COVID-19 and are experiencing symptoms such as fever, cough, sore throat, runny nose, loss of sense of smell/taste or generally unwell, they must go home if they are already on campus.
- They should follow advice from the Admin & HR department.
- Contact the Admin & HR department / clinic to seek medical advice or to arrange a COVID-19 Test.
- Once the student has sought medical advice and had a COVID-19 Test, they should notify the Admin & HR department through email Covid-19@majancollege.edu.om or telephone 24730411/415 or Whatsapp to 92593627)